

## INVEST in YOURSELF

Be part of the **I**nternational **V**olunteers **E**ducational **S**kills **T**raining.

If you are between **17-30 years** old and **volunteering** in your SPORTUNION sports club or SPORTUNION federation you can participate at the INVEST Project.

The project aims to promote volunteering by strengthening the skills of volunteers in the field of sports, to improve the quality of their engagement, and to enhance their employability, both within and beyond the sports sector.

We are looking for you, if you are interested in/open for:

- developing new knowledge and skills
- exploring new objectives and opportunities for your personal future
- working in a team
- experiencing joy and friendship and a deep understanding of the importance of getting to know other cultures, whether it's inside your own country or internationally
- gaining intercultural competences
- engagement in sport
- the importance of volunteering in society

We expressly invite **all genders** to apply and become part of the INVEST Team!

### Get involved & become a role model

In our program you will gain personal & professional development while participating in workshops and activities with experts in 2025 as well as doing a practical training in 2026.

## Schedule

### 2025

#### May **Kick-Off-Meeting online**

Get to know the other participants and the details of the program and plan together the meeting in September.

#### 4.-10 September **One Week Congress in Austria**

Join our in person (face to face) training with workshops for personal and professional development and personal exchange and networking possibilities. The congress will be held in a beautiful area of Austria surrounded by nature and a lot of possibilities for sport activities.



**2026**

**Spring (March or April)                      3-Day Congress in presence**

Co-organize an international youth congress for the next generation of volunteers and share your experiences with them and be part of further workshops with experts.

**Spring-Fall    Presentations in your home countries**

Present your learnings and results of the project at an event of your federation and at the online general assembly of FICEP in October 2026

**Costs:** Travel and accommodation costs for the two congresses are funded by the EU.

If you are interested to be part of the INVEST Volunteer Team and committed to participate in all activities send your application until **30<sup>th</sup> of March 2025** to:

[a.hoffmann@sportunion.at](mailto:a.hoffmann@sportunion.at)



**INVEST**

International Volunteers  
Educational Skills Training



Funded by  
the European Union

**INVEST Application**

Surname: \_\_\_\_\_

Name: \_\_\_\_\_

SPORTUNION Club or Federation: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Gender: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

**Why I want to be part of the program:**

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